I wish I could relive all my
wonderful experiences with
my dance family.
They continue to help me
Reach beyond my goals
and never stop cheering me on.

I will take all the confidence gained

Viewpoint

“Born Skipping & Hopping”

By: Aviva Harris

2023 NHSDA Award Winner

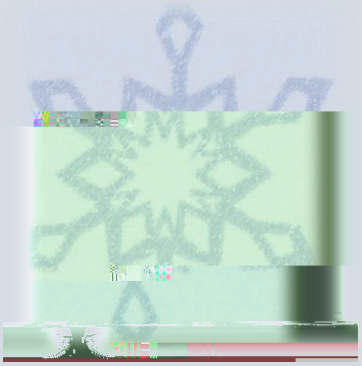
Advisor: Karen Sanchez

Miami Dance Collective

PC Aviva Harris

I still love this freedom of expression ~
Remembering the fun of improvising
with my brother

Viewpoint



Viewpoint
Virtual Reality + Compassion Reaps Many Gifts

By: Katie Lam
NHSDA Honorable Mention Award
Advisor: Myra Joy Veluz
San Marino Dance Academy

What matters most ~
Dance presents a safe space.

PC Katie Lam

Mark Zuckerberg argues that soon, Virtual Reality will be utilized as a space to practice

controls like Oculus, a medical intern can place the device over the eyes as practice before transitioning to human bodies in surgery. This *Viewpoint* describes the impact of dance on my life and how I

Viewpoint

Motivation in Dance Environments

By: Katy Adams
Advisor/Sponsor: Rachel Swensen
Idaho Fine Arts Academy

PC Katy Adams

Student motivatio402 23 649.18 Tm1 g1 G[ )]TJETQEMC P o8ar12MCID 63BDC q0 ID 143BDC q0.00m4mTQ1381

Good News!

Arts in Action!

All PC Arts in Action

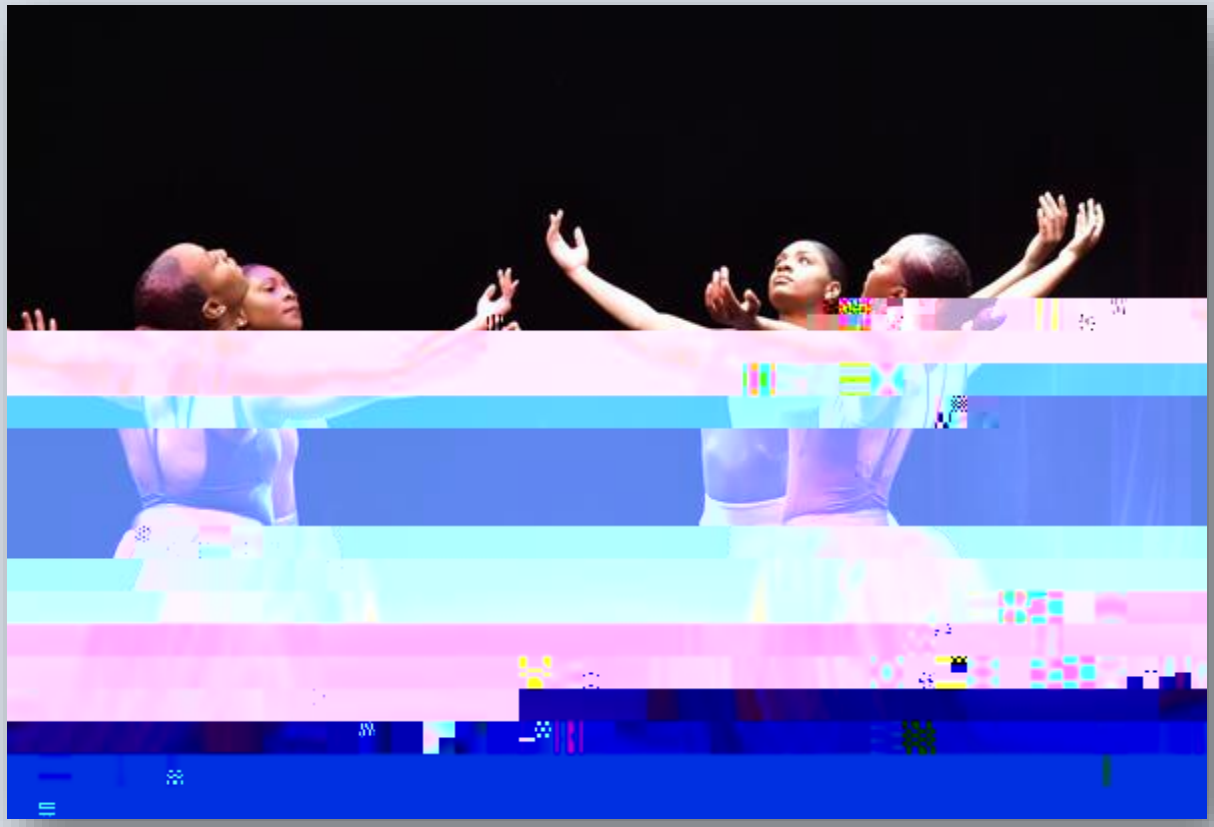
At Arts in Action in West Virginia, the faculty is passionate about student enrichment and the lifelong benefits awaiting them in the arts. Their *Five Promises* offers:

- **Caring adults**
- **A safe space**
- **A healthy start, physically & mentally**
-

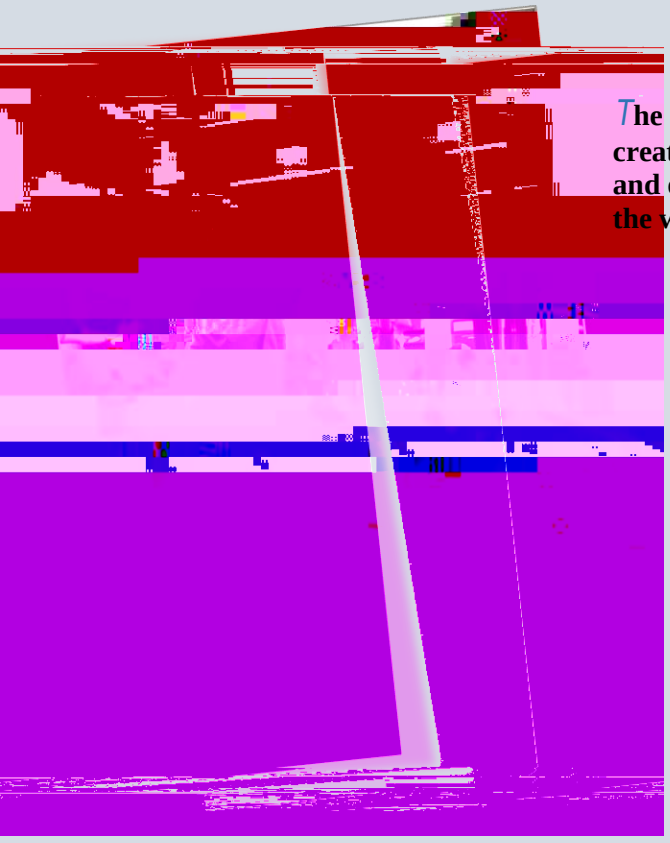
Good News (cont.)
Outstanding Dance Educator/Advisor

All PC CSA

Congratulations to Ms. Amanda Clark for earning the 2023 NDEO Outstanding Dance Educator Award. As the Student Representative to the NDEO Board and Dance Director at Cleveland School of the Arts, she has developed programming in urban areas, served on leadership teams, and established her NHS12 046



All PC IDEO



Idaho Dance!

The Idaho Dance Education Organization advocates for health, creativity, achieving goals, and community with its conferences and online resources. Whether classes in any genre, exploring the world through Dance and the Child International, and more,

Accolades for the Idaho Fine Arts Academy, whose dazzling dancers have performed with IDEO-sponsored Hip Hop artists and modern dance icon Bill Evans!

Feature

Translating what I felt inside, taking several breaths, and putting my emotions into movement, I still urged the audience to participate. I wanted to understand what happens in life, and it is not always ideal ~ but I could not lose myself.
In retrospect, I have learned through dance that we must expand our views by allowing our youth, as well, to express themselves freely as they push through the many phases of existence. We cannot control some events; therefore, I have discovered the benefits of being me and others: the good, the bad, the ugly, and the beautiful.

Feature

"The Awakening"

By:

allowed us to edit our music simultaneously from different locations and ultimately completed the assignment.

I will apply my troubleshooting knowledge as a mathematics teacher or in another related field. One point I love about this discipline is that there is always a way to reveal that missing variable. In this goal, I will motivate students to grasp these same techniques I have learned in dance. The best way to lead a community is through education, and whether the future generations learn to solve for X or hopefully become troubleshooters, they are both successes.

reflected moments when I demonstrated this philosophy ~ credited all to Dance. Now, with no more fear, I proudly say I am an ambassador representing the Dance Academy, comforting and inspiring others.

Wishing All,

Peace & Joy

Dance Arts Now!

Editorial Staff

Susan McGreevy-Nichols,
NDEO Executive Director

Melissa Greenblatt,
Managing Director

Colleen Hearn Dean,
Senior Editor

Kari Schrade,
Program Coordinator

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